

Post Resuscitation



History

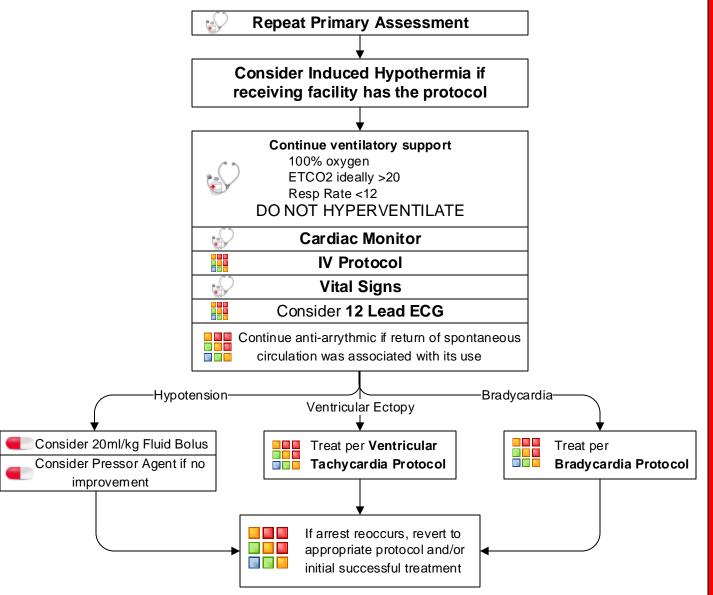
- Respiratory arrest
- Cardiac arrest
- SAMPLE

Signs/Symptoms

Return of pulse

Differential

 Continue to address specific differentials associated with the original dysrhythmia



Pearls

- Recommended Exam: Mental Status, Neck, Skin, Lungs, Heart, Abdomen, Extremities, Neuro
- Hyperventilation is a significant cause of hypotension and recurrence of cardiac arrest in the post resuscitation phase and must be avoided at all costs.
- Most patients immediately post resuscitation will require ventilatory assistance.
- The condition of post-resuscitation patients fluctuates rapidly and continuously, and they require close monitoring.
- Appropriate post-resuscitation management may best be planned in consultation with medical control.
- Common causes of post-resuscitation hypotension include hyperventilation, hypovolemia, pneumothorax, and medication reaction to ALS drugs.
- Titrate Pressors to maintain MAP >60 and/or SBP >90mmHg. Ensure adequate fluid resuscitation is ongoing.