Coming up **April 14th** is the JCH Wellness Center’s 3rd annual Bike-a-Thon event and fundraiser! We’re turning West Pointe Subdivision into a track and invite kids/families to come prepared to ride, ride, ride!

**What is a Bike-A-Thon?**

A Bike-A-Thon is a family friendly fundraiser in which the children ride around our track, making as many laps as they can within the designated time. The idea is to promote exercise while having family fun.

**How Can We Prepare?**

Decide who will be your child’s “Pit Crew” – an adult is recommended to be on site supervising the ride for those 12 yrs of age and under. Additional cheering fans are always welcome and adults are able to walk alongside their small children too! Bring your lawn chair and enjoy!

**How much does it cost?**

Registration for the Bike-A-Thon is $15 and includes a t-shirt if registered by April 10th! Event day shirts are first come first serve. Checks should be made payable to *Jersey Community Hospital Wellness Center*.

**What is the Bike-A-Thon ride schedule?**

Sunday, April 14th 1:00-2:30 p.m.

Riders will start from the entrance of West Pointe Subdivision off of Maple Summit Road every two to three minutes until all riders are on the course. Older riders will begin first on down to youngest. The Bike-a-Thon will feature a 2.0-mile, monitored track that children of all ages can ride around multiple times. Bikes using training wheels have a separate, shorter 1 mile course, on which younger cyclists can ride safely.

Refreshments, Fun and More!

**THERE WILL BE A POOL PARTY FROM 2-3:30 PM FOR ALL RIDERS AND THEIR FAMILY MEMBERS TO REWARD THEM FOR THEIR HARD WORK!**

Lets ride! Remember fun, good times and safety is key to a great time!