
ILLINOIS REGION 3 PROTOCOLS

EPI-PEN	
CLASS	Catecholamine
ACTION	<ul style="list-style-type: none"> ▪ Produces bronchodilation ▪ Positive chronotrope (increases heart rate) ▪ Positive inotrope (increases force of cardiac contraction)
INDICATIONS	Anaphylaxis
CONTRAINDICATIONS	Chest pain consistent with angina/cardiac
PRECAUTIONS	<ul style="list-style-type: none"> ▪ Protect from light ▪ Assess vital signs every 5 minutes
SIDE EFFECTS	<ul style="list-style-type: none"> ▪ Tachycardia ▪ Dizziness ▪ Nausea; vomiting ▪ Headache
ROUTE	Intramuscularly (IM)
DOSE	0.3 mg
PEDIATRIC DOSE	0.15 mg for pediatric patient 60 pounds or less
ONSET	5 to 10 minutes
DURATION	20 minutes
STOCK	BLS units (1) Adult Epi-Pen (1) Epi-Pen Junior